

## Devices to help you catheterise

### p.hold

- 1 We call it the ISC 'Hands Free Kit'. It is made of a special soft memory foam and is great for when Willie disappears (retracts). It helps by gently but firmly holding and stretching Willie at just the right angle away from the body prior to insertion of the catheter. This leaves both hands free for the catheterisation process. Particularly useful if person performing ISC has dexterity problems or is of large stature and has to catheterise by feel. Also a useful aid during the teaching of the ISC process.

**All available on UK prescription - see back page for order details**



### K+IC

- 2 Urinary sheath system (not self adhesive) with removable tip that ensures any leaks between catheterisations are contained. Simply remove sheath tip, catheterise and replace sheath tip as many times as required throughout the day. If leakage is only small (50-80mls) then there is no need for a drainage bag just a discreet tap like our Catheter Valve as shown below.

**All available on UK prescription - see back page for order details**



*I still leak in-between ISC when I cough or sneeze despite the pills that are supposed to keep me dry. I had so many embarrassing incidents that I tried not to go out if possible. That was until I started using the K+IC system which finally gave me my freedom and dignity back.*

*(iQCath & K+ICS user)*

### 3 Cath-Hand

Hand was designed by one of our customers with very poor finger dexterity (C5 Tetraplegia). Used for people with poor grip and requires very little strength to use, literally a gentle 'cocking' of the wrist. Unfortunately this product has to be purchased privately as it is **Not available on UK prescription.**

