

Partial incontinence

SAUER Drip urinal for men

Is an alternative for partial incontinence when only small quantities of urine are an issue (for instance after prostate removal). For wearing under a swimming costume or for short periods of time by people who would normally use a urinary leg bag. In the latter case, the bladder should be emptied before using the drip urinal (see bladder training). Ideal for men who have a suprapubic catheter but still leak a little through the urethra.

The connecting tube of the urinary sheath can be closed with a swing or a sliding tap. Using a stopper is not so easy and the process of emptying is not so hygienic as using an outlet tap.

Only SAUER sheaths are suitable for this purpose, stiff “Funnel type” urinary sheaths are not elastic enough to hold any significant volume.



URlbag's – Male & Female discreet pocket sized reusable urinals

URlbag's are ideal for use by:

- Anyone that cannot get to the toilet in time.
- Emptying a urinary drainage bag or urostomy bag (use male version)
- Wheelchair users, due to its small dimensions it can be easily placed and removed without the worry of spillage as with traditional bottle urinals.
- If you perform Intermittent Self Catheterisation (ISC)
- Small children in the car, camping, sailing, flying, coach trips ... the list is endless

There will always be a time when it is not possible to find an accessible toilet particularly for wheelchair users. In our experience it is always better to be prepared for such

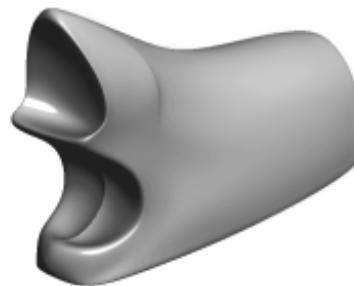


circumstances which is why we would recommend the URIBag as a backup continence solution for everyone regardless of their impairment because it takes up very little room when not in use. Wrap the URIBag in a typical supermarket plastic carrier bag (wheelchair users should ensure the bag has handles that can be suspended over the pushing handles of the chair) so once it has been used it can be carried around discreetly until somewhere suitable is found to empty it. After use the URIBag should be rinsed in running cold water. In the case of heavy use the URIBag can periodically be rinsed with soapy hot water (e.g. once a week). As with all natural latex products keep out of direct sunlight, do not store wet for more than a few days and do not use chemicals to clean.



URIfem – Female Urinal for use lying down or in a half-sitting position

Is a reusable female urinal that is ideal for use in bed and differs from other designs because it is very narrow and the method of positioning the urinal in order to use it ensures minimal disturbance. Many women may not actually be incontinent but due to mobility problems cannot get to the toilet in time during the night. The URIfem is made of durable polycarbonate that can be sterilised using any typical solution such as Milton or in a steam steriliser up to 130 degree's.



There are many reusable female urinals on the UK market (14 at the time this tutorial was printed) each having different merits. The general consensus of opinion is that women should try several to see which suits their individual requirements. Contact your local continence adviser who may be able to offer a trial of selected urinals to help you make up your mind. When choosing any urinal to be used in bed (particularly on a soft mattress) or in a seated position always ensure there is sufficient depth in the container to remove the urinal after use without spillage.

Skin care and protection

Meticulous hygiene is essential, especially for those who wear urinary sheaths, catheters and perform intermittent self-catheterisation, to prevent bladder infections and fungal infections around the groin area.

Preventox

Is a skin protection fluid. It builds a protective film, which is elastic and allows the skin to breathe and is designed to protect the skin from adhesive products such as urinary sheaths and ostomy products. Effect:

- Disinfects and cleans through high alcohol content.
- Protects the skin by coating the skin with a breathable film (like a spray dressing, especially when used with a spray or roll-on bottle).
- Increases the adhesive action of the skin adhesive, adhesive tapes, self-adhesive sheath and ostomy products.

Note: Do not apply Preventox to broken skin as it has an alcohol base – a hydrocolloid tape or dressing is best to protect broken skin under a urinary sheath – always consult your specialist nurse or doctor in such cases. However, you can use Preventox to treat skin redness.

Preventox comes in various forms:

- as single wipe (Order no. 50.50) available on prescription in the UK.
- as a roller that is used like an underarm roll-on deodorant. This is particularly suitable for use by people with restricted hand movement (Order no. 50.58) available on prescription in the UK.
- in a bottle with an applicator (Order no. 50.52); you can add a spray head (Order no. 50.53) to this and operate it by finger pressure.

Before trying any new product that comes into direct contact with the skin such as adhesives and skin protecting film, we recommend you try it out on a neutral area of skin (such as the inside of your wrist) to ensure you have no allergic reaction.



as a single wipe



in a bottle with applicator



spray head if required



in a roll-on bottle