

Bladder Record Chart - Volume and Frequency

The reason for logging fluid intake and Wee volumes is to help you and your Healthcare Professional determine how much you need to catheterise.

Observations - degree of wetness

W+ small damp patch
 W++ wet
 W+++ very wet

Other Observations

Name:

F Fluid intake (optional)

Date:

W Wee passed normally

C Wee passed with catheter



NURSE SAYS

write down any unusual observations in the yellow column below ▼

DAY 1				
Time	F	W	C	Observations
6am				
7am				
8am				
9am				
10am				
11am				
12noon				
1pm				
2pm				
3pm				
4pm				
5pm				
6pm				
7pm				
8pm				
9pm				
10pm				
11pm				
12 mid				
1am				
2am				
3am				
4am				
5am				

DAY 2				
Time	F	W	C	Observations
6am				
7am				
8am				
9am				
10am				
11am				
12noon				
1pm				
2pm				
3pm				
4pm				
5pm				
6pm				
7pm				
8pm				
9pm				
10pm				
11pm				
12 mid				
1am				
2am				
3am				
4am				
5am				

When you take a drink or go for a 'Wee', log the volume above next to the nearest time-slot. There are 2 columns for 'Wee', the first 'W' is if you can 'Wee' without the catheter. the second 'C' how much was drained from your bladder with the catheter. This will help your nurse determine the number of times you need to catheterise per day.

Bladder Record Chart - Volume and Frequency (continued)

- F** Fluid intake (optional)
- W** Wee passed normally
- C** Wee passed with catheter

Observations - degree of wetness	
W+	small damp patch
W++	wet
W+++	very wet
Other Observations	



NURSE SAYS
write down any unusual observations in the yellow column below ▼

DAY 3				
Time	F	W	C	Observations
6am				
7am				
8am				
9am				
10am				
11am				
12noon				
1pm				
2pm				
3pm				
4pm				
5pm				
6pm				
7pm				
8pm				
9pm				
10pm				
11pm				
12 mid				
1am				
2am				
3am				
4am				
5am				

DAY 4				
Time	F	W	C	Observations
6am				
7am				
8am				
9am				
10am				
11am				
12noon				
1pm				
2pm				
3pm				
4pm				
5pm				
6pm				
7pm				
8pm				
9pm				
10pm				
11pm				
12 mid				
1am				
2am				
3am				
4am				
5am				

When you take a drink or go for a 'Wee', log the volume above next to the nearest time-slot. There are 2 columns for 'Wee', the first 'W' is if you can 'Wee' without the catheter. the second 'C' how much was drained from your bladder with the catheter. This will help your nurse determine the number of times you need to catheterise per day.